



## Pain: Do You Get It?

## Do you, or someone you love, live with pain?

You are not alone: chronic pain affects between 30-50% of people! Join us for a FREE, fun and easy to understand talk about why your body hurts, why it keeps hurting and what you can do to help it. Understanding pain is important because it changes the way that you respond to it, and can even change the way it feels.



## Prof Cormac Ryan

## and Expert Panel

Cormac is Flippin' Pain's

resident pain expert and with over 60 journal publications spanning 15 years in the field of chronic pain and pain education, his career as a pain scientist has so far been an illustrious one. He combines his approachability and entertaining anecdotes to make pain understandable. Cormac will be joined by a panel of experts including people living with persistent pain.

- WhenTuesday 20th October, 4.00-5.30pmWhereDue to the ongoing pandemic this is a virtual webinar eventSign UPBook your place at<br/>flippinpain.co.uk/event/do-you-get-it-webinar
- Keep in touch

www.flippinpain.co.uk



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