

PAIN

"I WISH I KNEW THEN WHAT I KNOW NOW"

Understanding pain can change how you respond to it, even the way it feels.

Join us for this FREE webinar where real *pain experts* – people who live with persistent pain – will discuss some of the important things they've learnt along the way. Things they now understand about pain that they want EVERYONE to know.



For people with pain, by people with pain

Featuring...



Fen,
Surviving & thriving



Tim,
Author & advocate



Niki,
Recovering through curiosity



Claire,
Almost recovered



Georgia,
Inspired by pain

and...



Dr Chris Barker,
Pain Specialist Gp



Dr Lizzie Doherr,
Pain Psychologist

When | Wednesday 7th April, 5.00-6.30pm

Where | Virtual event hosted on Microsoft Teams

Sign Up | Book your place at flippinpain.co.uk/event/i-wish-i-knew