



# FLIPPIN' ARTHRITIS

Ensuring people who get it

**GET IT**

Prepare to  
have your  
assumptions  
challenged



with Associate Professor  
Tasha Stanton and panel

**BOOK HERE**

**Tuesday 25th May 2021 @ 5pm-6.30pm BST | Online**

Tasha will present the current evidence supporting the idea that **osteoarthritis is about MUCH more than just our joints** and explore how we can **FLIP our understanding of persistent pain, embed hope, and make sense of why exercise helps** even for the most severe osteoarthritis.