Flippin' Pain and friends present...



Support for EVERYONE affected by pain

Have questions about persistent pain? Join us this October!

We'll be sharing everything you need to know, including the surprising science behind why we hurt, what can help, and how recovery is possible.



Join our free livestream:
Wednesday 15 October 2025,
5:30pm to 7:30pm (BST).
Online, all welcome!

Scan the QR code or call 0191 249 6462 to book!















